

Name \_\_\_\_\_ Date \_\_\_\_\_  
Course \_\_\_\_\_ Experience # \_\_\_\_\_

## EMOTIONS

### OBJECTIVES:

- Define emotions.
- Discuss the differences between positive and negative emotions.
- Explain why it is important for children to express their feelings during play.
- Explain how adults influence children's emotional development.

### SETTING:

Type of situation (care center, family day care home, nursery, preschool, kindergarten, Head Start, private home, other) \_\_\_\_\_

Other information \_\_\_\_\_

Number of children present: \_\_\_\_\_ Number of adults \_\_\_\_\_

Names and ages of children observed:

1. \_\_\_\_\_ Age \_\_\_\_\_

2. \_\_\_\_\_ Age \_\_\_\_\_

3. \_\_\_\_\_ Age \_\_\_\_\_

Time of day \_\_\_\_\_

### TASK:

Respond to the following items.

#### Express Feelings

1. Describe two situations in which children showed emotions. Report what happened to bring about the emotional response. What did the child say and do in each case?

a.

Name \_\_\_\_\_ Date \_\_\_\_\_

b.

2. Describe a situation in which a child expressed positive feelings. Explain how the child responded. What did the child say and do in the given situation? What did the adult say and do?

**Describing Emotions**

3. As you watched children playing with one another, what adjectives first came to your mind that described a child's emotional state? (*Joyful, angry, tense, etc.*) On Chart 16-A list the positive words and the negative words that describe what you saw.

Chart 16-A  
EMOTIONAL STATES

| Positive | Negative |
|----------|----------|
|          |          |

4. Observe one particular child. How did the child react to frustration or disappointment?

**Name** \_\_\_\_\_ **Date** \_\_\_\_\_

5. How did the same child react to satisfaction and pleasure?

**Behavior**

6. As a result of your involvement with children, or your observations of them, describe how they behaved when experiencing the following:

Aggression:

Withdrawal:

Joy:

Frustration:

Dependence on others:

Happiness:

Satisfaction:

Name \_\_\_\_\_ Date \_\_\_\_\_

Fear:

Fantasy:

Anxiety:

**Adult-Child Relations**

7. Describe what you saw adults do in the following situations:

- a. When a child was crying –  
    Why was the child crying?

What did the adult do?

How did the child respond?

- b. When a child became angry –  
    Why was the child angry?

What did the adult do?

**Name** \_\_\_\_\_ **Date** \_\_\_\_\_

How did the child respond?

C. When a child hit another or tried to take a toy away –  
Why did the child hit another?

What did the adult do?

How did the child respond?

d. When a child accomplished a task with success –  
What task did the child accomplish?

What did the adult do?

Name \_\_\_\_\_ Date \_\_\_\_\_

How did the child respond?

**Emotional Response**

8. Describe a child's reaction to any of the following situations that took place while you were participating or observing.

a. One child watching another child crying.

b. One child watching another child receiving help from an adult in a mishap (such as spilled milk or a broken toy.)

c. One child watching other children accidentally getting hurt (such as bumping heads or falling.)

**EVALUATION:**

1. Define emotions.

2. Give two examples of positive emotions and two examples of negative emotions. Cite examples of how these emotions are expressed during play.

**Name** \_\_\_\_\_ **Date** \_\_\_\_\_

3. Discuss the importance of expressing positive and negative emotions.

4. Explain how adults can help or hinder children in their emotional development.